

WHAT is Seeds of HOPE?

Join students from across North America for a faith-filled servant leadership experience. Hear inspiring speakers, discuss tough issues facing your world, and make lifelong friendships!

Servant leaders achieve personal growth by focusing on the needs of others, not themselves. With the help of peer leaders and women mentors, you will explore your faith, enhance your self esteem, and learn to build your own transformational and effective leadership style.

Apply at Seeds-Of-Hope.org



DATES TO REMEMBER

March 15: early bird deadline to apply and save \$50.

April 15: final application deadline.



Through the generous support of Felician Sisters and sponsors, this \$1200 program cost is only \$300 per participant.

Financial assistance is available to those in need.



For more information, to request an application, or inquire about financial assistance, contact us at:

SeedsofHope@FelicianSisters.org

724-650-7936



Young Women's Leadership Experience



Learn. Lead.
Transform the world.

Maryville Retreat Center
Holly, Michigan



seeds of HOPE

WHY should I attend Seeds of Hope?

Seeds of Hope is a faith-based leadership program that seeks to empower young women to transform the world. Benefits include the opportunity to:

- **Build your resume.**
Earn 10 hours of community service and 40 hours of servant leadership training.
- **Grow spiritually.**
Explore different forms of prayer and meditation, and attend Mass, Eucharistic Adoration, and Reconciliation. You do not need to be Catholic to attend.
- **Build a network of support.**
Join with other young women and receive ongoing support from Seeds of Hope staff, alumnae, and mentors.
- **Broaden your peer group.**
Students come from across the U.S., Canada and Mexico. Many remain in contact after the program ends.
- **Experience nature.**
The lake, hiking trails and challenge obstacle course offer opportunities to enjoy the 240-acre campus. Roast marshmallows by a fire, go for a swim or boat on the lake.

WHO is invited to participate in Seeds of Hope?

Young women who have completed grades 9 through 12 who want to learn how to:

- Take action to address issues they are passionate about.
- Explore their faith as a source of strength and clarity.

TWO TRACKS: 9-10 AND 11-12

Interactive workshops and activities are designed to grow leadership skills for each targeted group.

